



Social and Emotional Learning Standards Alignment Student Standards

This alignment covers the CASEL Core SEL Competencies and the Ohio K-12 Social and Emotional Learning Standards. The Ohio standards were used because they provided grade level learning standards aligned to the CASEL core competencies.

Middle Grades

Cluster	Indicator	Indicator Statement	Addressed
Self-Awareness	A1	Demonstrate an awareness of personal emotions	Career Ready Practices Rubric
	A1. 1.c	Identify, recognize and name personal complex emotions	Career Ready Practices Rubric
	A1. 2.c	Explain that emotions may vary based on the situation, including people and places	Career Ready Practices Rubric
	A1. 3.c	Utilize appropriate time and place to safely process emotions, independently, with a trusted adult or with peers	Career Ready Practices Rubric
	A1. 4.c	Explain how others' responses to current events can impact emotions	Career Ready Practices Rubric
	A2	Demonstrate awareness of personal interests and qualities, including strengths and challenges	Career Ready Practices Rubric
	A2. 1.c	Describe how personal interests, qualities and strengths may help with decision making to accomplish personal goals	Career Ready Practices Rubric
	A2. 2.c	Investigate a potential career path that builds on personal strengths and addresses challenges	Career Ready Practices Rubric
	A3	Demonstrate awareness of and willingness to seek help for self or others	Career Ready Practices Rubric
	A3. 1.c	Seek appropriate support from a trusted adult when help is needed academically, socially or emotionally	Career Ready Practices Rubric
	A3. 2.c	Develop and implement a plan of action, based on support or constructive feedback, that addresses challenges and builds on strengths	Career Ready Practices Rubric
	A3. 3.c	Identify and utilize appropriate processes for reporting unsafe behaviors or situations for self and others	Career Ready Practices Rubric
	A4	Demonstrate a sense of personal responsibility, confidence and advocacy	Career Ready Practices Rubric
	A4. 1.c	Describe how personal responsibility is linked to being accountable for one's choices and behavior	Career Ready Practices Rubric
	A4. 2.c	Recognize the importance of confidently handling tasks and challenges, while reframing negative thoughts and engaging in positive self-talk	Career Ready Practices Rubric
	A4. 3.c	Demonstrate basic self- advocacy academically and socially	Career Ready Practices Rubric
Self-Management	B1	Regulate emotions and behaviors by using thinking strategies that are consistent with brain development	Career Ready Practices Rubric
	B1. 1.c	Describe the relationship between thoughts, emotions and behavior and apply strategies to regulate response	Career Ready Practices Rubric
	B1. 2.c	Analyze positive and negative consequences of expressing emotions in different settings	Career Ready Practices Rubric
	B1. 3.c	Apply productive self- monitoring strategies to reframe thoughts and behaviors	Career Ready Practices Rubric
	B2	Set, monitor, adapt and evaluate goals to achieve success in school and life	Career Ready Practices Rubric
	B2. 1.c	Recognize the importance of short and long-term goals for success in school and life	Career Ready Practices Rubric Team Plan Robot Plan, Project Management Sprints
	B2. 2.c	Identify school, family and community resources that may assist in achieving a goal	Career Ready Practices Rubric Community Project

	B2. 3.c	Set a short-term school or life goal with action steps to achieve success	Career Ready Practices Rubric Careers Unit
	B2. 4.c	Monitor progress toward a specified goal by developing checkpoints and adjusting the plan or action steps as needed	Sprint to Compete, Iteration and Redesign 1 &2
	B3	Persevere through challenges and setbacks in school and life	Career Ready Practices Rubric
	B3. 1.c	Utilize strategies for persevering through challenges and setbacks	Career Ready Practices Rubric Robot Technical Design
	B3. 2.c	Reframe a challenge or setback into an opportunity, with assistance	Career Ready Practices Rubric Robot Technical Design
Social Awareness	C1	Recognize, identify and empathize with the feelings and perspective of others	Career Ready Practices
	C1. 1.c	Determine if verbal and nonverbal cues correspond to the feelings expressed by others	Career Ready Practices
	C1. 2.c	Demonstrate respect across school, community, face-to-face and virtual settings, when viewpoints or perceptions differ	Career Ready Practices
	C1. 3.c	Demonstrate empathy through understanding of others' feelings and acknowledgement of their perspective	Career Ready Practices
	C2	Demonstrate consideration for and contribute to the well-being of the school, community and world	Career Ready Practices
	C2. 1.c	Explain the importance of civic mindedness	Career Ready Practices
	C2. 2.c	Pursue opportunities to contribute to school or the broader community	Career Ready Practices Community Project
	C2. 3.c	Explore a school or community need and generate possible solutions	Community Project
	C2. 4.c	Engage in an activity to improve school, home or community	Community Project
	C3	Demonstrate an awareness and respect for human dignity, including the similarities and differences of all people, groups and cultures	Career Ready Practices
	C3. 1.c	Discuss how positive or negative stereotypes of an individual or group can be unconscious and may lead to discrimination and prejudice	Career Ready Practices
	C3. 2.c	Participate in cross-cultural activities and demonstrate respect for individuals from different social and cultural groups	Career Ready Practices
	C3. 3.c	Demonstrate respect for human dignity virtually and in-person	Career Ready Practices
	C4	Read social cues and respond constructively	Career Ready Practices
	C4. 1.c	Generate positive responses to various social situations	Career Ready Practices
	C4. 2.c	Recognize that social cues are based on rules and expectations and can change based upon context	Career Ready Practices
C4. 3.c	Recognize that personal and group needs can differ and identify positive actions to balance the needs of all	Career Ready Practices	
Relationship Skills	D1	Apply positive verbal and non-verbal communication and social skills to interact effectively with others and in groups	Career Ready Practices
	D1. 1.c	Demonstrate the ability to actively listen and understand multiple perspectives	Career Ready Practices
	D1. 2.c	Offer and acknowledge constructive feedback to strengthen connections and improve communication outcomes with others	Career Ready Practices
	D1. 3.c	Interact on social and digital media responsibly and understand the potential impact on reputation and relationships	Career Ready Practices
	D2	Develop and maintain positive relationships	Career Ready Practices
	D2. 1.c	Participate in a healthy network of personal and school relationships	Career Ready Practices
	D2. 2.c	Demonstrate inclusiveness in relationship building	Career Ready Practices
	D2. 3.c	Utilize strategies to manage social pressures	Career Ready Practices
	D3	Demonstrate the ability to prevent, manage and resolve interpersonal conflicts in constructive ways	Career Ready Practices Sprint to Compete
	D3. 1.c	Recognize and acknowledge different perspectives of others to	Career Ready Practices

		<i>prevent conflict</i>	
	D3. 2.c	<i>Use a non-judgmental voice during conflict resolution to maintain safe relationships</i>	Career Ready Practices
	D3. 3.c	<i>Exchange ideas and negotiate solutions to resolve conflicts, seeking support when needed</i>	Team Plan and Robot Plan, Sprint to Compete, Iteration and Redesign
Responsible Decision-Making	E1	Develop, implement and model effective decision and critical thinking skills	Team Plan and Robot Plan, Sprint to Compete, Community Project Iteration and Redesign
	E1. 1.c	<i>Demonstrate critical thinking skills when solving problems or making decisions, recognizing there may be more than one perspective</i>	Team Plan and Robot Plan, Sprint to Compete, Community Project Iteration and Redesign
	E1. 2.c	<i>Gather evidence to support and solve academic and social challenges</i>	Community Project
	E2	Identify potential outcomes to help make constructive decisions	Team Plan and Robot Plan, Sprint to Compete, Community Project Iteration and Redesign
	E2. 1.c	<i>Generate ideas for recognizing when something may be getting in the way of making a responsible decision and ways to possibly reduce or limit its influence</i>	Team Plan and Robot Plan, Sprint to Compete, Community Project Iteration and Redesign
	E2. 2.c	<i>Identify reliable sources of adult help in various settings and actively seek adults for support</i>	Team Plan and Robot Plan, Sprint to Compete, Community Project Iteration and Redesign
	E2. 3.c	<i>Utilize knowledge of outcomes to inform future decisions</i>	Team Plan and Robot Plan, Sprint to Compete, Community Project Iteration and Redesign
	E3	Consider the ethical and civic impact of decisions	Career Ready Practices
	E3. 1.c	<i>Apply honesty, respect and compassion to the decision-making process</i>	Career Ready Practices
	E3. 2.c	<i>Demonstrate safe practices to guide actions for self and toward others</i>	Career Ready Practices
	E3. 3.c	<i>Research opportunities for participation in civic-minded activities that contribute to the larger community</i>	Career Ready Practices
	E4	Explore and approach new situations with an open mind and curiosity while recognizing that some outcomes are not certain or comfortable	Team Plan and Robot Plan, Sprint to Compete, Community Project Iteration and Redesign
	E4. 1.c	<i>Engage in new opportunities to expand one's knowledge and experiences</i>	Team Plan and Robot Plan, Sprint to Compete, Community Project Iteration and Redesign
	E4. 2.c	<i>Recognize that new opportunities or unfamiliar situations may require productive struggle</i>	Team Plan and Robot Plan, Sprint to Compete, Community Project Iteration and Redesign
	E4. 3.c	<i>Demonstrate ability to manage transitions and adapt to changing situations and responsibilities in school and life</i>	Team Plan and Robot Plan, Sprint to Compete, Community Project Iteration and Redesign

High School

Cluster	Indicator	Indicator Statement	Addressed
Self-Awareness	A1	Demonstrate an awareness of personal emotions	Career Ready Practices
	A1. 1.d	<i>Identify complex emotions as an indicator of personal state of well-being</i>	Career Ready Practices
	A1. 2.d	<i>Analyze ways emotions impact the social environment</i>	Career Ready Practices
	A1. 3.d	<i>Utilize appropriate time, place or support systems to reflect on personal emotions, independently, with a trusted adult or with peers</i>	Career Ready Practices
	A1. 4.d	<i>Analyze why current events may trigger an emotional reaction and identify ways to regulate a response</i>	Career Ready Practices
	A2	Demonstrate awareness of personal interests and qualities, including strengths and challenges	Career Ready Practices
	A2. 1.d	<i>Practice using personal strengths in pursuit of post-secondary goals</i>	Careers Unit
	A2. 2.d	<i>Take proactive steps toward implementing a plan for post-secondary goals by building on personal strengths and addressing challenges</i>	Careers Unit
	A3	Demonstrate awareness of and willingness to seek help for self or others	Career Ready Practices
	A3. 1.d	<i>Utilize support from trusted adults, as well as resources and agencies that provide academic, social, emotional or health-related support</i>	Advanced Automation
	A3. 2.d	<i>Reflect on actions that are based on constructive feedback, address personal challenges and build on personal strengths</i>	Career Ready Practices
	A3. 3.d	<i>Access community resources and safety networks for self or others</i>	Community Project
	A4	Demonstrate a sense of personal responsibility, confidence and advocacy	Career Ready Practices
	A4. 1.d	<i>Demonstrate internalization of personal responsibility and being accountable as one prepares for post- secondary life</i>	Career Ready Practices
	A4. 2.d	<i>Set post-secondary and life goals with confidence in the ability to be successful, while positively addressing challenges</i>	Career Ready Practices
	A4. 3.d	<i>Demonstrate self-advocacy in context- specific situations</i>	Career Ready Practices
Self-Management	B1	Regulate emotions and behaviors by using thinking strategies that are consistent with brain development	Career Ready Practices
	B1. 1.d	<i>Utilize self-management strategies to regulate thoughts, emotions and behaviors within the context of the situation</i>	Career Ready Practices
	B1. 2.d	<i>Evaluate how emotions expressed in different settings impact the outcome of a situation</i>	Career Ready Practices
	B1. 3.d	<i>Apply productive self-monitoring strategies to process emotions and reframe thoughts and behaviors</i>	Career Ready Practices
	B2	Set, monitor, adapt and evaluate goals to achieve success in school and life	Careers Unit
	B2. 1.d	<i>Develop a plan that demonstrates an understanding of how to set and reach goals that contribute to lifelong success</i>	Careers Unit
	B2. 2.d	<i>Utilize school, family and community or varied resources that may assist in achieving a goal</i>	Community Project Careers Unit
	B2. 3.d	<i>Set a post-secondary life goal with action steps, timeframes and criteria for evaluating achievement</i>	Careers Unit
	B2. 4.d	<i>Evaluate progress toward achieving a specified goal and re-evaluate or adapt the plan or action steps, as needed</i>	Sprint to Compete
	B3	Persevere through challenges and setbacks in school and life	Career Ready Practices
	B3. 1.d	<i>Demonstrate the ability to persevere through challenges for long-term rewards or success</i>	Career Ready Practices
	B3. 2.d	<i>Reframe a current challenge or setback, by reflecting on successes</i>	Sprint to Compete

Social Awareness	C1	Recognize, identify and empathize with the feelings and perspective of others	Career Ready Practices
	C1. 1.d	<i>Evaluate verbal, behavioral, environmental and situational cues that may influence the feelings of others</i>	Career Ready Practices
	C1. 2.d	<i>Demonstrate ways to encourage mutual respect across all settings when viewpoints or perceptions differ</i>	Career Ready Practices
	C1. 3.d	<i>Demonstrate empathy through compassion in self and encourage in others</i>	Career Ready Practices
	C2	Demonstrate consideration for and contribute to the well-being of the school, community and world	Career Ready Practices
	C2. 1.d	<i>Demonstrate an awareness of responsibilities as an involved citizen in a democratic society</i>	Career Ready Practices
	C2. 2.d	<i>Engage in civic duties and opportunities within the broader community</i>	Community Project
	C2. 3.d	<i>Implement a strategy to address a need in the broader community or world as change agents</i>	Community Project
	C2. 4.d	<i>Evaluate the impact of personal involvement in an activity to improve school, home, community and world</i>	Community Project
	C3	Demonstrate an awareness and respect for human dignity, including the similarities and differences of all people, groups and cultures	Career Ready Practices
	C3. 1.d	<i>Examine and address explicit or implicit personal biases toward an individual or group</i>	Career Ready Practices
	C3. 2.d	<i>Participate in cross-cultural activities, identify unique contributions and perspectives of various groups, and how the experience may change personal perspective</i>	Career Ready Practices
	C3. 3.d	<i>Analyze how one can build community that respects all human dignity virtually and in-person</i>	Team Plan and Robot Plan Community Event
	C4	Read social cues and respond constructively	Career Ready Practices
	C4. 1.d	<i>Evaluate how societal and cultural norms influence personal interactions</i>	Career Ready Practices
	C4. 2.d	<i>Respond to social cues that differ depending on the societal and cultural norms of the environment</i>	Career Ready Practices
C4. 3.d	<i>Use positive problem-solving skills to balance personal and group needs and foster respectful group interactions</i>	Career Ready Practices	
Relationship Skills	D1	Apply positive verbal and non-verbal communication and social skills to interact effectively with others and in groups	Career Ready Practices
	D1. 1.d	<i>Actively engage in positive interactions to make connections with peers, adults and community to support and achieve common goals</i>	Career Ready Practices
	D1. 2.d	<i>Apply constructive feedback to strengthen connections and achieve common goals</i>	Career Ready Practices
	D1. 3.d	<i>Demonstrate responsible use of social and digital media and understand the potential impact on post-secondary goals</i>	Career Ready Practices
	D2	Develop and maintain positive relationships	Career Ready Practices
	D2. 1.d	<i>Establish and actively participate in a healthy network of personal, school and community relationships</i>	Career Ready Practices
	D2. 2.d	<i>Incorporate compassionate and inclusive practices in relationships</i>	Career Ready Practices
	D2. 3.d	<i>Develop techniques to empower, encourage and affirm oneself and others, maintaining positive, healthy relationships</i>	Career Ready Practices
	D3	Demonstrate the ability to prevent, manage and resolve interpersonal conflicts in constructive ways	Career Ready Practices
	D3. 1.d	<i>Demonstrate an ability to co-exist in civility in the face of differing perspectives to prevent conflict</i>	Career Ready Practices
	D3. 2.d	<i>Apply conflict management skills and strategies to manage intimidation, avoid and escape violence, and maintain personal safety</i>	Career Ready Practices

	D3. 3.d	<i>Utilize problem solving resources and supports to facilitate conflict resolution, recognizing that seeking help is a strength</i>	Career Ready Practices
Responsible Decision-Making	E1	Develop, implement and model effective decision and critical thinking skills	Career Ready Practices
	E1. 1.d	<i>Demonstrate critical thinking skills to select an appropriate decision-making process, recognizing there are multiple perspectives</i>	Career Ready Practices
	E1. 2.d	<i>Implement a decision-making process to solve complex situations including academic and social challenges</i>	Career Ready Practices
	E2	Identify potential outcomes to help make constructive decisions	Career Ready Practices
	E2. 1.d	<i>Implement strategies for reducing influence of stressors that limit your ability to make the most-informed decisions when at school, at home or in the community with peers</i>	Career Ready Practices
	E2. 2.d	<i>Independently seek reliable adult mentors in various settings</i>	Career Ready Practices Community Project Advanced Automation
	E2. 3.d	<i>Integrate prior experience and knowledge of outcomes to inform future decisions</i>	Career Ready Practices
	E3	Consider the ethical and civic impact of decisions	Career Ready Practices
	E3. 1.d	<i>Demonstrate respect and integrity in all settings during the decision-making process</i>	Career Ready Practices
	E3. 2.d	<i>Engage in safe practices in my personal behavior choices and habits for self and toward others</i>	Career Ready Practices
	E3. 3.d	<i>Seek and engage in civic-minded activities that contribute to the larger community</i>	Career Ready Practices
	E4	Explore and approach new situations with an open mind and curiosity while recognizing that some outcomes are not certain or comfortable	Career Ready Practices
	E4. 1.d	<i>Actively seek out new opportunities to expand personal knowledge and experiences</i>	Career Ready Practices Careers Unit
	E4. 2.d	<i>Embrace productive struggle as an opportunity for personal growth</i>	Career Ready Practices
	E4. 3.d	<i>Anticipate and plan for transitions in post-secondary life</i>	Careers Unit