

FIRST® at Home Stable Tower

ACTIVITY SUMMARY

Students will use a variety of skills and *FIRST* Core Values, while building a tower to help Andrea create a new building in her town. Students can use LEGO® bricks, blocks, boxes, or other toys and found materials.

Age Range & Grade Level: Ages 4-6, Grades Pre-K through 1st

Program Connection: FIRST® LEGO® League Discover

Authored By: Kathy Morgan, Project Manager FIRST® LEGO® League

ACTIVITY OUTCOMES

Participants will:

1. Sketch designs of towers

- 2. Construct towers for different purposes
- 3. Explore concepts learned and share what they discovered about their design

RELEVANCE MATRIX – Subject Area Crosswalks and Core Values Addressed

Science	Math	Literacy	Social Studies	Technology Literacy
Motion, Stability, Forces	Counting, Geometry	Reading Foundational Skill, Speaking & Listening	N/A	Engineering Design Design Thinking
Discovery	Innovation	Impact	Inclusion	Teamwork

FUN! Our last core value should always be used when doing any FIRST activities.

Explore FIRST Core Values

KEY VOCABULARY

Height Balance Stable Gravity

MATERIALS & SUPPLIES NEEDED FOR THIS ACTIVITY

- At least 12 similar-sized blocks or boxes, preferably rectangular instead of cubes. For example, LEGO DUPLO 2x4 bricks. (Number of blocks does not matter)
- (Optional) measuring tape

GUIDANCE SET-UP

Description – Action – Guidance	Notes	
Provide students with the student Design Brief. Share FIRST core values with students, ask them to think about using these during the activity. Explore FIRST Core Values	The design brief document is for the students and is the document after this lesson plan. Encourage students to plan and draw a design before building their tower. Use the design brief to reflect on the learning.	
Set out the blocks for the student to use		
Review the problem statement and criteria/constraints with the students. Remind students they will be using the engineering design process to work towards a solution. Criteria / Constraints: • Tower should be free-standing (not held up by hands or	Review the age appropriate engineering design process with your students.	
propped up by any other objects)		
Blocks cannot be "clicked" or stuck together (such as when using LEGO bricks). The must freely separate when one is picked up.		
Determine how students will complete the activity, what their length of time will be, how to collaborate and how to share their solutions. Have students work on their solutions.	Sharing can take place virtually by showing video or pictures of the towers built.	
Determine how (or if) the activity will be graded, such as with the student design brief or evaluation of the tower itself.	Questions for Reflection: How many ways can they think of to stack the blocks to build a tower? Which way is most stable? Tallest?	
	Use the measuring tape to measure the height of each tower and compare to determine the tallest.	
Explore the Go Further! opportunities	See below	
Wrap up – Have students complete their self- reflection and review.	Core Values self-reflection is found in the student Design Brief document.	

STUDENT OR TEAM ACTIONS

- 1. Review the student design brief, problem statement and criteria/constraints.
- 2. Students complete the design brief by drawing sketches.
- 3. Students set out their blocks separately, in any order.
- 4. Students build towers.
- 5. Optional Explore the Go Further! opportunities.
- 6. Students share their solution and reflect on their learning by explaining what they did to a teacher, friend, or family member.
- 7. Students complete their self-reflection.

GO FURTHER!

- Try changing hands or using only one hand.
- Team up with a family member to combine all their blocks to build a single tower.
- Add additional blocks and see how tall a tower they can build.



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PROBLEM STATEMENT



This is Andrea and she needs to create a new tower for her town. She needs a tower that is tall but stable. It must not fall easily.

Make three different towers and share your designs and builds.

SKETCH YOUR DESIGN

Draw how you will stack your blocks in a TALL tower.

Draw how you will stack your blocks in a SHORT tower.

Draw how you will stack your blocks in a STABLE tower.

How many blocks can you stack into a tower?

Will your tower fall easy?

CORE VALUES SELF-REFLECTION

Questions for reflection

- 1. Which tower is your favorite design?
- 2. What is the best thing about your favorite design?
- 3. Which tower design will you share with Andrea?

Circle or color the face that matches your feeling for this activity

	Amazing Skill	Great Job	Making Progress
I helped myself learn.			
I followed instructions.			
I had fun during this activity.	••		